

*The SRV Implementation Project, the Committee for Values Based Training, & Community Strategies for Massachusetts are pleased to announce a workshop entitled*

## ***An Exploration of Some Fundamental Issues of Restraint as a Human Service Technique***

*to be held on Monday, June 23, 2008 from 9 am to 5 pm*

### ***Workshop description:***

Recently, the press, advocacy groups, and professional organizations have been raising questions concerning the use of restraints in human services. At the same time, restraint is increasingly being accepted and used as a valid human service approach in a wide variety of fields. This workshop provides a forum for concerned individuals, particularly service workers, to explore some of the troubling moral questions raised by the use of restraints in human services, especially within the context of the vulnerability of people who receive services. The workshop primarily but not exclusively focused on what an individual can do, keeping in mind that systemic change is always based on individual change. This is **not** a how-to workshop, but rather an opportunity for reflection and learning.

### ***Topics discussed include:***

- basic description of different classes of human service restraint,*
- specific problems with using different types of restraints,*
- how restraints are likely to cause physical and non-physical harm,*
- common misconceptions associated with restraint use,*
- the personal and social costs of restraint use, and*
- guidelines for how to approach the issue of restraint use in services.*

**About the presenter:** Marc Tumeinski is the Training Coordinator for the SRV Implementation Project in Worcester. He has taught workshops and given conference talks, all based on the work of Dr. Wolfensberger of Syracuse University, in the US, Canada, New Zealand and Australia. As a service worker, he supports people with physical and intellectual impairments at home, school and work. Marc and his wife Jo Massarelli lived as volunteers in a small homeless shelter, and they now offer hospitality in their home to poor and homeless people. He has an article on the topic of restraint use published in the February 2005 issue of *Mental Retardation*.