Tube-feeding At Thirty-thousand Feet:
De-mystifying Assisted Nutrition/Hydration &
Other Life-Enhancing Decisions

Workshop Description
This workshop is designed to explain assisted hydration and nutrition from the perspective of the user. Techniques are described and a demonstration is offered as well. Further, we explore some of the ideological considerations in making decisions about nourishment, and do so from the “Equality of Life” perspective in contrast to the prevailing “Quality of Life” mindset which dominates modern medical practice. A fundamental assumption underlying this workshop is that all people have equal worth, therefore all medical decisions should reflect the inherent dignity of every human being.

Workshop Format
This is a one-day workshop (typical schedule 10 am to 4 pm).

About the Presenters
Cathy Ludlum is a nationally-known author & disability activist. She is an expert in cooperative housing & the full integration of people with impairments in all aspects of society. As a person with a disability & an employer of personal assistants since 1988, Ms. Ludlum brings an extensive background in the recruitment, hiring, & management of support staff. She has written several books.

Jo Massarelli is Director of The SRV Implementation Project (SRVIP) in Worcester, MA USA. The SRVIP is a training & implementation project based on the work of Dr. Wolfensberger, whom Ms. Massarelli has worked with since 1982. She has lectured & consulted throughout the US, Canada, Australia & New Zealand on the societal devaluation of impaired people. Ms. Massarelli currently works for the Medical Safeguards Project of Shriver Clinical Services.

For More Information
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